

Monitor Arms & Accessories

1 VESA 100x100mm Is the Universal Standard

Before recommending any monitor arm, confirm the monitor's VESA pattern. 100x100mm covers 80%+ of office monitors. Ultra-wides and larger displays may use 200x200mm. A mismatch between arm and monitor is an immediate return.

2 Gas Spring Arms Allow Tool-Free Adjustment

Gas spring counterbalance arms allow height and tilt adjustment without tools. This is the correct technology for any monitor arm used by multiple people or adjusted frequently. Avoid fixed-tension screw adjustment arms for daily-use applications.

3 Cable Management Is Half the Product

A monitor arm without built-in cable management creates an ugly tangle. Specify arms with integrated cable routing channels. Cable chaos undermines the whole point of a clean workstation setup.

4 Dual Arms Beat Two Single Arms for Multi-Monitor

A dual monitor arm on a single mount is cleaner, more space-efficient, and less expensive than two separate single arms. For any two-monitor setup, start with a dual arm recommendation.

5 Privacy Screen for Any Role With Sensitive Data

For any open-office role handling confidential data — finance, HR, legal, healthcare — a privacy screen filter is a reasonable standard accessory. It's a compliance and professionalism item, not just a nice-to-have.

6 Clamp Mounts Work for Most Desks

Grommet mounts require pre-drilled holes. Clamp mounts attach to desk edge without drilling. For most installations, clamp mounts are faster, more versatile, and easier to remove if needed. Default to clamp unless grommet is specifically requested.

7 Laptop Arms Complete the Hybrid Worker Setup

For hybrid workers who bring their laptop to the office, a laptop arm alongside a monitor arm creates a complete dual-screen ergonomic setup. It's also the only way to get a laptop screen to proper eye level.

8 In-Desk Power Grommets Are Worth Specifying Upfront

Retrofitting a grommet requires drilling through the desk surface. Specify in-desk power grommets at the time of desk purchase when possible. If retrofitting, confirm the desk surface material can be drilled without delamination.

9 Check Monitor Arm Load Capacity for Ultrawide Displays

32-34" ultrawide monitors can weigh 20-25 lbs. Standard monitor arms are rated for 8-15 lbs. Always verify load capacity against monitor weight for any display larger than 27". Heavy monitors on under-rated arms drift downward over time.

10 Bundle Monitor Arms With Desk Orders

When quoting any sit-stand desk or new workstation, include monitor arm pricing as a line item. It's a natural pairing, adds value for the customer, and increases order size. Most customers are receptive when the ergonomic benefit is explained.