Sit-Stand Desks

1 Electric Over Manual, Every Time

Manual sit-stand desks are adjustable in theory but rarely in practice. The effort required means people stop using the standing feature. Electric desks with memory presets adjust in seconds — which is what makes people actually use them. Recommend electric for any serious sit-stand deployment.

2 Anti-Fatigue Mats Are Not Optional

Standing without an anti-fatigue mat causes foot and leg fatigue within 20-30 minutes. Always bundle an anti-fatigue mat with every sit-stand desk. It's a small add-on that dramatically improves user satisfaction and actual standing usage.

3 Monitor Arms Enable Proper Ergonomics at Any Height

As the desk moves, the monitor must move with it. A monitor arm that clamps to the desk edge allows independent screen height adjustment, ensuring proper eye-level positioning whether sitting or standing. Specify monitor arms with every sit-stand desk.

4 Height Memory Presets Make a Big Difference

Programmable height memory presets (typically 2-4 presets) let users save their exact sit and stand heights. Eliminating the need to readjust every time dramatically increases usage frequency. Always recommend desks with height memory.

5 Wider Base = More Stability

At full standing height, stability is heavily influenced by base width. A wider, more outward-angled base provides significantly more stability than a narrow base. Test or request wobble data before recommending any sit-stand desk for heavy monitor setups.

6 Cable Management Is a Must-Have, Not a Nice-Have

As the desk travels between sitting and standing heights, cables must travel with it. Without a cable management spine or tray, cords tangle, snag, and eventually break. Specify cable management with every sit-stand desk order.

7 Start Slowly With Standing Duration

Train new users to start with 15-20 minutes of standing per hour and build up gradually. Users who immediately try to stand for long periods get fatigued, decide sit-stand desks don't work, and stop using them. Proper onboarding extends the program's success dramatically.

8 Dual Motors for Large or Heavy Setups

For wide desks (60"+) or desks with multi-monitor arms, CPU holders, and heavy equipment, dual-motor mechanisms provide more consistent lifting and better stability. Single-motor is fine for standard setups.

9 Budget for Full Accessories at Purchase

The real cost of a sit-stand program includes the desk, anti-fatigue mat, monitor arm, and cable management. Budgeting only for the desk and retrofitting accessories later costs more and looks disorganized. Bundle pricing for the full package is usually available.

10 Check Motor Cycle Rating, Not Just Price

A cheap sit-stand desk motor rated for 2,000 cycles will fail within a year of active use. Look for motors rated 10,000+ cycles with a 5-year warranty. This is the quality indicator that separates commercial-grade from consumer-grade.