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## Training Tables

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### Q1. What is a training table?

**A:** A training table is a rectangular, lightweight table designed specifically for corporate classrooms, training centers, and flexible learning spaces. Unlike conference tables, training tables are built to be moved and reconfigured quickly — most have locking casters for mobility, flip-top mechanisms for nesting and storage, and ganging brackets that connect tables end-to-end into rows. They're the furniture backbone of any room that needs to flex between lecture, workshop, and open-space configurations. Standard sizes are 60" and 72" wide, 24" or 30" deep, and 29"–30" tall — matching standard desk and chair heights. Questions? Call us at 888-719-4960.

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### Q2. How do training tables differ from conference tables?

**A:** Here's the deal: conference tables are designed to stay put. They're heavy, often fixed to the floor or assembled in place, and built to anchor a room permanently. Training tables are the opposite — they're lightweight, mobile, and designed to be reconfigured between sessions. They have casters, flip-top mechanisms, and ganging hardware. They nest for storage and connect into rows for classroom layouts. If you're furnishing a room that doubles as a training space and a meeting room, training tables give you the flexibility a conference table never could. For a dedicated boardroom, go conference table. For any room that changes function regularly, training tables win.

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### Q3. What's the best size training table for 10 people?

**A:** For 10 people in a single-sided classroom row, you need about 120 inches of table length — that's two 60" tables ganged together, or two 60" plus a bit of buffer. If you want 10 people with more comfortable spacing, go with two 72" tables (144" total, which gives everyone a solid 14" of buffer space beyond the minimum). For double-sided seating at 10 people (5 per side), one 60" deep 30" table works per pair of seats, so five 60" tables double-sided would do it — though that's a larger footprint. Bottom line: two 72" tables in a row is the most versatile configuration for a 10-person training setup.

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### Q4. Should I choose a 24" or 30" depth training table?

**A:** It comes down to how you'll use the room. Go with 24" depth if you're running classic classroom-style rows with all participants facing forward — it's plenty of surface for a laptop and notebook, and 24" tables nest into a smaller storage footprint when flipped. Go with 30" depth if you want to seat people on both sides of the table, or if you run collaborative workshops where participants need more surface space. Here's the deal with 24" double-sided seating: it works, but it's tight. You'll want modesty panels to define each person's space. For comfortable double-sided seating, 30" is the right choice. Not sure? Call us at 888-719-4960 and we'll help you figure it out.

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### Q5. What are the benefits of a flip-top training table?

A: Flip-top training tables are a game-changer for any multi-use space. The tabletop pivots vertically on a hinge, shrinking the table's footprint dramatically so you can nest multiple tables together and roll the whole stack into a storage room or against a wall. This turns a 30-person training room into a reception hall, open

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workspace, or event space in minutes instead of hours. Flip-top tables also pair with nesting carts that keep stacked tables organized and mobile. If your training room shares space with other functions — or if storage is tight — flip-top is the feature you can't afford to skip. Fixed-top tables are fine for dedicated training centers that never change configuration.

### Q6. How many people fit at a training table?

A: The standard rule is one chair per linear foot of table length. A 60" (5-foot) table seats up to 5 people on one side; a 72" (6-foot) table seats up to 6. For double-sided seating, a 60" table with 30" depth seats up to 10; a 72" table seats up to 12. These are comfortable maximums — you can technically push more chairs in, but elbow room drops fast and people notice. When you gang tables into rows, the math stays the same: add up total inches and divide by 12. A row of three 72" tables (216") seats up to 18 people single-sided.

### Q7. What's the difference between single-sided and double-sided seating at training tables?

A: Single-sided seating means all participants sit on one side of the table, typically facing a screen, whiteboard, or presenter at the front of the room. This is the classic classroom configuration and works with 24" or 30" deep tables. Double-sided seating places participants on both sides of the table, facing each other — ideal for collaborative workshops, group discussions, or lab-style training. For double-sided seating, 30" depth is strongly recommended. At 24" depth, seating on both sides is very tight and really only works well with a modesty panel dividing the surface. Good news: most training table lines offer both depth options, so you can pick the right tool for your room style.

### Q8. What is a modesty panel on a training table?

A: A modesty panel is a vertical panel that mounts along the front underside edge of a training table. It runs the length of the table and blocks the view under the tabletop — providing visual privacy for seated participants. In professional training environments, modesty panels give the room a cleaner, more polished look and help participants feel comfortable. They also serve a functional purpose on 24"-deep tables: when seating people on both sides, the modesty panel acts as a visual divider defining each person's half of the surface. Most modesty panels are laminated to match the tabletop finish and attach with simple hardware. They're available as standard or add-on accessories depending on the table line.

### Q9. How do you gang training tables together?

A: Ganging is simple — it's the process of connecting training tables end-to-end in a row using ganging brackets or clips. Most training tables include ganging hardware in the box, or it's available as a low-cost add-on. The most common type is a hook-and-loop clip that attaches to the leg or frame of adjacent tables. Line up two tables end-to-end, attach the ganging clips, and you've got a connected row that won't shift or separate during use. For rows of three or more tables, ganging is essential — without it, the row will drift apart whenever someone leans on a table end or moves their chair. Always confirm ganging hardware is included or on order before your training room setup day.

### Q10. What's the best room layout for a corporate training room?

A: It depends on your training style. For presentations and instructor-led sessions with large groups, classroom

rows are the most space-efficient: tables ganged end-to-end in parallel rows, all facing a screen or whiteboard. For workshops, discussions, or interactive sessions with smaller groups (10–25 people), a

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U-shape layout puts everyone in the presenter's sightline and encourages group conversation. For team-based learning, island clusters of 2–4 tables support small-group collaboration. Herringbone (tables angled inward) is a great middle ground for larger rooms — better sightlines than straight rows, more capacity than a U-shape. Most training rooms do well with a default classroom row setup and enough open floor space to rearrange when needed.

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