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## Training Tables

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### Q1. What is a training table?

**A:** A training table is a rectangular, lightweight table designed specifically for corporate classrooms, training centers, and flexible learning spaces. Unlike conference tables, training tables are built to be moved and reconfigured quickly — most have locking casters for mobility, flip-top mechanisms for nesting and storage, and ganging brackets that connect tables end-to-end into rows. They're the furniture backbone of any room that needs to flex between lecture, workshop, and open-space configurations. Standard sizes are 60" and 72" wide, 24" or 30" deep, and 29"–30" tall — matching standard desk and chair heights. Questions? Call us at 888-719-4960.

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### Q2. How do training tables differ from conference tables?

**A:** Here's the deal: conference tables are designed to stay put. They're heavy, often fixed to the floor or assembled in place, and built to anchor a room permanently. Training tables are the opposite — they're lightweight, mobile, and designed to be reconfigured between sessions. They have casters, flip-top mechanisms, and ganging hardware. They nest for storage and connect into rows for classroom layouts. If you're furnishing a room that doubles as a training space and a meeting room, training tables give you the flexibility a conference table never could. For a dedicated boardroom, go conference table. For any room that changes function regularly, training tables win.

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### Q3. What's the best size training table for 10 people?

**A:** For 10 people in a single-sided classroom row, you need about 120 inches of table length — that's two 60" tables ganged together, or two 60" plus a bit of buffer. If you want 10 people with more comfortable spacing, go with two 72" tables (144" total, which gives everyone a solid 14" of buffer space beyond the minimum). For double-sided seating at 10 people (5 per side), one 60" deep 30" table works per pair of seats, so five 60" tables double-sided would do it — though that's a larger footprint. Bottom line: two 72" tables in a row is the most versatile configuration for a 10-person training setup.

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### Q4. Should I choose a 24" or 30" depth training table?

**A:** It comes down to how you'll use the room. Go with 24" depth if you're running classic classroom-style rows with all participants facing forward — it's plenty of surface for a laptop and notebook, and 24" tables nest into a smaller storage footprint when flipped. Go with 30" depth if you want to seat people on both sides of the table, or if you run collaborative workshops where participants need more surface space. Here's the deal with 24" double-sided seating: it works, but it's tight. You'll want modesty panels to define each person's space. For comfortable double-sided seating, 30" is the right choice. Not sure? Call us at 888-719-4960 and we'll help you figure it out.

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### Q5. What are the benefits of a flip-top training table?

A: Flip-top training tables are a game-changer for any multi-use space. The tabletop pivots vertically on a hinge, shrinking the table's footprint dramatically so you can nest multiple tables together and roll the whole stack into a storage room or against a wall. This turns a 30-person training room into a reception hall, open

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workspace, or event space in minutes instead of hours. Flip-top tables also pair with nesting carts that keep stacked tables organized and mobile. If your training room shares space with other functions — or if storage is tight — flip-top is the feature you can't afford to skip. Fixed-top tables are fine for dedicated training centers that never change configuration.

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